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Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services under Patient Protection and Affordable Care Act: Amendment

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General Comment

In the early 1990s when I first entered the workforce, I had troubles getting many medications to treat "female" problems. I had severe cramping and headaches caused by my cycle, but my insurance would not cover the most effective medication to prevent the problems, which was the birth control pill. Paying the out of pocket fees for this medication was expensive when first starting out, fresh out of college.

Today few insurers wouldn't cover medication to treat erectile dysfunction, but there are still too many that will not cover the most effective non-permanent birth control on the market. Please end this practice--please mandate that all plans should provide birth control coverage.